

# Learn MMA

*straight from the pros.*

**GARY PADILLA & WADE "NIGHTMARE" SHIPP**

## New MMA class

Starting Friday, March 5, 2010

**FRIDAYS**  
Noon-1pm

Gary Padilla and Wade Shipp are two veteran professional mixed martial arts fighters who teach the basics every Friday at the **Robert Lovi Academy** in Normal Heights.

No experience necessary. All learning is in a controlled environment. Bring any training equipment you need, including gloves or gear.

## \$12 drop-in fee for class

Free for students of the academy enrolled in the Premium membership. Premium members have priority -- then first come, first serve. Space is limited.

For scheduling changes, visit: [www.graciesd.com/classes](http://www.graciesd.com/classes)

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